**FOODBANKS & Support in Counties Manukau**

**Salvation Army Manukau**
Foodbank & Food Parcel
Call the contact centre: 0800 53 00 00 or 09 262 2332
Monday – Friday 10am – 12pm & 1pm – 3pm
Leave name and number and they will call you back
PICK UP ONLY by APPOINTMENT

**Affirming works**
Food Parcels (OPEN TO ALL)
Families are asked to do a brief registration (5min)
PICK UP ONLY – 9 Moa Street, Otahuhu.
Contact number: 0800 023 3476

**South Auckland Christian Foodbank**
Food Parcel Delivery
Contact number: 0508 242 643
email: ian@sacfb.org.nz

**Manukau Urban Maori Authority**
Food Parcels
If you live in Mangere, Otara, Otahuhu, Papatoetoe & Manukau
PICK UP ONLY
Please call between 10am & 2pm to book an appointment.

**Papakura Marae**
Food Parcels
Papakura and surrounding areas
Please call, Monday to Friday between 9am – 11am to complete an over the phone assessment
PICK UP ONLY between 1pm-3pm
29 Hunua Road, Papakura
Please bring Photo ID and proof of address.

**Rawiri Community House**
Food Parcels and resources.
Register using the online referral form.
PICK UP ONLY, Wednesday to Friday between 10am-1pm
Address: 1 Rata Vine Drive, Wiri.
LIZ@Rawiri.org
[www.facebook.com/rawiri.org](http://www.facebook.com/rawiri.org)

**Waka of Caring**
Food Parcels and resources
PICK UP ONLY
Address: 2/14 McAnnalley Street, Manurewa
[www.facebook.com/groups/978559512159944](http://www.facebook.com/groups/978559512159944)

**Budgeting & Family Support services**
Food Parcels
Mangere & Tuakau
Please call first
Mangere: 09 275 2266
Tuakau: 09 236 9804
Bring photo ID and Proof of Address.
Note. ( Second or subsequent parcel request will need a letter from WINZ to confirm they are experiencing hardship)

**St Vincent De Paul**
Food Parcels
PICK UP: 47 Station Road, Otahuhu
Open: Monday, Wednesday & Friday, 9.30am – 12.30pm
No need to call first.
Bring photo ID.
(Referrers are able to email Manager and pick up orders on behalf of the client).
contact number: 09 270 4088
Manager@stvinnieotahuhu.org.nz

**Life community Kitchens**
Cooked meals from a number of locations
Locations: Otara, Manurewa, Glen Innes, Papakura & Mangere
See facebook for details
[www.facebook.com/lifecommunitykitchens/](http://www.facebook.com/lifecommunitykitchens/)

**Citizen Advice Bureau Pakuranga**
Food Bank
CALL FIRST
Pakuranga, Howick and Flat Bush
Contact number: 09 5768331

**Shanti Niwas**
Provides Social Support Services to Senior citizens of Indian and South Asian Origin.
Services include, vegetarian meals, grocery and prescription medicine delivery, face to face and phone check ins and emergency housing services.
09 622 1010

**Wecare Kiwi**
Low-cost food delivery service available
Support network for anyone who is vulnerable, living alone or caring for others can request check ins or practical help.
Register online.
<https://wecare.kiwi/>

**The Otara Kai Village**
Food and cooked meals for people living in Otara and Papatoetoe.
No registrations needed.
PICK UP ONLY: 120 East Tamaki Road, Otara.
Subject to availability, see facebook.
[www.facebook.com/theotaravillage](http://www.facebook.com/theotaravillage)
[www.otaravillage.co.nz](http://www.otaravillage.co.nz)